

Victoria House

---- Residential Care Home ----

Week 3

	Breakfast (9am)	Lunch (12.30pm)	Tea (5.15pm)
Monday	Porridge/Cereal Toasted Teacakes Fruit Juice/Tea/Coffee Bacon/Sausage Sandwiches Eggs & Yoghurts	Roast Chicken or Savoury Mince & Veg Creamed Potatoes Jam Sponge & Custard Strawberry Gateau & Cream	Corn Beef Hash Yorkshire Puddings Egg on Toast Jelly & Ice Cream Date & Walnut Cake
Tuesday	Porridge/Cereal Toasted Teacakes Fruit Juice/Tea/Coffee Bacon/Sausage Sandwiches Eggs & Yoghurts	Roast Pork/Beef Hotpot Creamed Potatoes Vegetables & Gravy Chocolate Sponge & Custard Semolina	Chicken & Mushroom Pie Chips or Sautéed Potato Sausage & Beans Victoria Sponge Fruit & Cream
Wednesday	Porridge/Cereal Toasted Teacakes Fruit Juice/Tea/Coffee Bacon/Sausage Sandwiches Eggs & Yoghurts	Sausage or Mince & Onion Creamed Potatoes Vegetables & Gravy Ginger Sponge & Custard Rice Pudding & Jam	Fish Cake & Chips & Peas Spam & Chips & Beans Apple Pie & Cream Cream Scones
Thursday	Porridge/Cereal Toasted Teacakes Fruit Juice/Tea/Coffee Bacon/Sausage Sandwiches Eggs & Yoghurts	Roast Turkey or Beef Stew Creamed Potatoes Vegetables & Gravy Jam Roly Poly & Custard Bread & Butter Pudding	Fried Egg & Chips & Beans Pork Pie & Mushy Peas Fruit Flan Fruit & Cream
Friday	Porridge/Cereal Toasted Teacakes Fruit Juice/Tea/Coffee Bacon/Sausage Sandwiches Eggs & Yoghurts	Fish & Chips & Mushy Peas Ham Salad & Chips Treacle Sponge & Custard Custard & or Semolina	Cottage Pie & Veg & Gravy Beans & Cheese on Toast Omelettes Bakewell Tart & Custard Jelly & Ice Cream
Saturday	Porridge/Cereal Toasted Teacakes Fruit Juice/Tea/Coffee Bacon/Sausage Sandwiches Eggs & Yoghurts	Roast Lamb or Minty Lamb Hotpot & Creamed Potatoes & Veg & Gravy Apple Crumble & Custard Trifle & Cream	Spaghetti Bolognese Scampi & Chips Scrambled Eggs Egg Custard Victoria Sponge
Sunday	Porridge/Cereal Toasted Teacakes Fruit Juice/Tea/Coffee Bacon/Sausage Sandwiches Eggs & Yoghurts	Roast Beef/Ham & Yorkshire Pudding / Creamed & Roast Potatoes & Veg & Gravy Chocolate Gateau Strawberry Cheesecake	Quiche & Salad Sausage Roll & Sautéed Potatoes Manchester Tart Fruit & Cream

Tea/Coffee/Cold Drink & Biscuits - everyday at 11am

Tea/Coffee/Cold Drinks/Biscuits & Cakes - everyday at 3pm

Selection of Sandwiches & Drinks (Horlicks & Hot Chocolate) - everyday at 7.30pm

Soft / Fork Mashable Diets / Fortified - these are tailored to order (mashed/de-skinned). Residents on these diets can choose from the menu above and have it delivered personalised in the format of Fork Mashed, Blended (soft) or Fortified

Alternatives are always available - just ask!

i.e. Braised chicken, omelettes, soups, yoghurts, ice cream, cheese & biscuits & fresh fruit