

Victoria House

---- Residential Care Home ----

Week 4

	Breakfast (9am)	Lunch (12.30pm)	Tea (5.15pm)
Monday	Porridge/Cereal Toasted Teacakes Fruit Juice/Tea/Coffee Bacon/Sausage Sandwiches Eggs & Yoghurts	Roast Chicken or Savoury Mince & Onion Veg Creamed Potatoes Cherry Sponge & Custard Strawberry Gateau & Cream	Cheese & Onion Savoury Tart Jacket Potato & Filling Carrot Cake Banana & Custard
Tuesday	Porridge/Cereal Toasted Teacakes Fruit Juice/Tea/Coffee Bacon/Sausage Sandwiches Eggs & Yoghurts	Roast Pork/Beef Hotpot Creamed Potatoes Vegetables & Gravy Ginger Sponge & Custard Semolina	Gammon, Chips & Beans Cheese Omelette & Beans Apple Pie & Cream Victoria Sponge & Cream
Wednesday	Porridge/Cereal Toasted Teacakes Fruit Juice/Tea/Coffee Bacon/Sausage Sandwiches Eggs & Yoghurts	Sausage Casserole Steak & Onion Pie & Gravy Creamed Potatoes Vegetables & Gravy Jam Sponge & Custard Rice Pudding & Jam	Fish Pie & New Potatoes Fish in Butter Sauce Cream Scones Banana & Cream
Thursday	Porridge/Cereal Toasted Teacakes Fruit Juice/Tea/Coffee Bacon/Sausage Sandwiches Eggs & Yoghurts	Roast Turkey or Beef Stew & Dumplings, Creamed Potatoes Vegetables & Gravy Chocolate Sponge & Custard Lemon Mousse	Sausage Casserole & Chips Chicken & Chips & Beans Toffee Cheesecake Date & Walnut Sponge
Friday	Porridge/Cereal Toasted Teacakes Fruit Juice/Tea/Coffee Bacon/Sausage Sandwiches Eggs & Yoghurts	Fish & Chips & Mushy Peas Ham Salad & Chips Treacle Sponge & Custard Rice Pudding & Jam	Cottage Pie & Veg & Gravy Beans & Cheese on Toast Bakewell Tart & Custard Jelly & Ice Cream
Saturday	Porridge/Cereal Toasted Teacakes Fruit Juice/Tea/Coffee Bacon/Sausage Sandwiches Eggs & Yoghurts	Roast Lamb or Cottage Pie Creamed Potatoes & Veg Gravy Apple Crumble & Custard Trifle & Cream	THEME NIGHT - ITALIAN Lasagne & Garlic Bread Chicken Pasta & Pizza Tiramisu Poached Pears & Cream
Sunday	Porridge/Cereal Toasted Teacakes Fruit Juice/Tea/Coffee Bacon/Sausage Sandwiches Eggs & Yoghurts	Roast Beef/Ham & Yorkshire Pudding / Creamed & Roast Potatoes & Veg & Gravy Chocolate Gateau Bread & Butter Pudding	Chicken Chasseur & New/Creamed Potatoes Sausage Roll & Potatoes Manchester Tart Fruit & Cream

Tea/Coffee/Cold Drink & Biscuits - everyday at 11am

Tea/Coffee/Cold Drinks/Biscuits & Cakes - everyday at 3pm

Selection of Sandwiches & Drinks (Horlicks & Hot Chocolate) - everyday at 7.30pm

Soft / Fork Mashable Diets / Fortified - these are tailored to order (mashed/de-skinned). Residents on these diets can choose from the menu above and have it delivered personalised in the format of Fork Mashed, Blended (soft) or Fortified

Alternatives are always available - just ask!

i.e. Braised chicken, omelettes, soups, yoghurts, ice cream, cheese & biscuits & fresh fruit